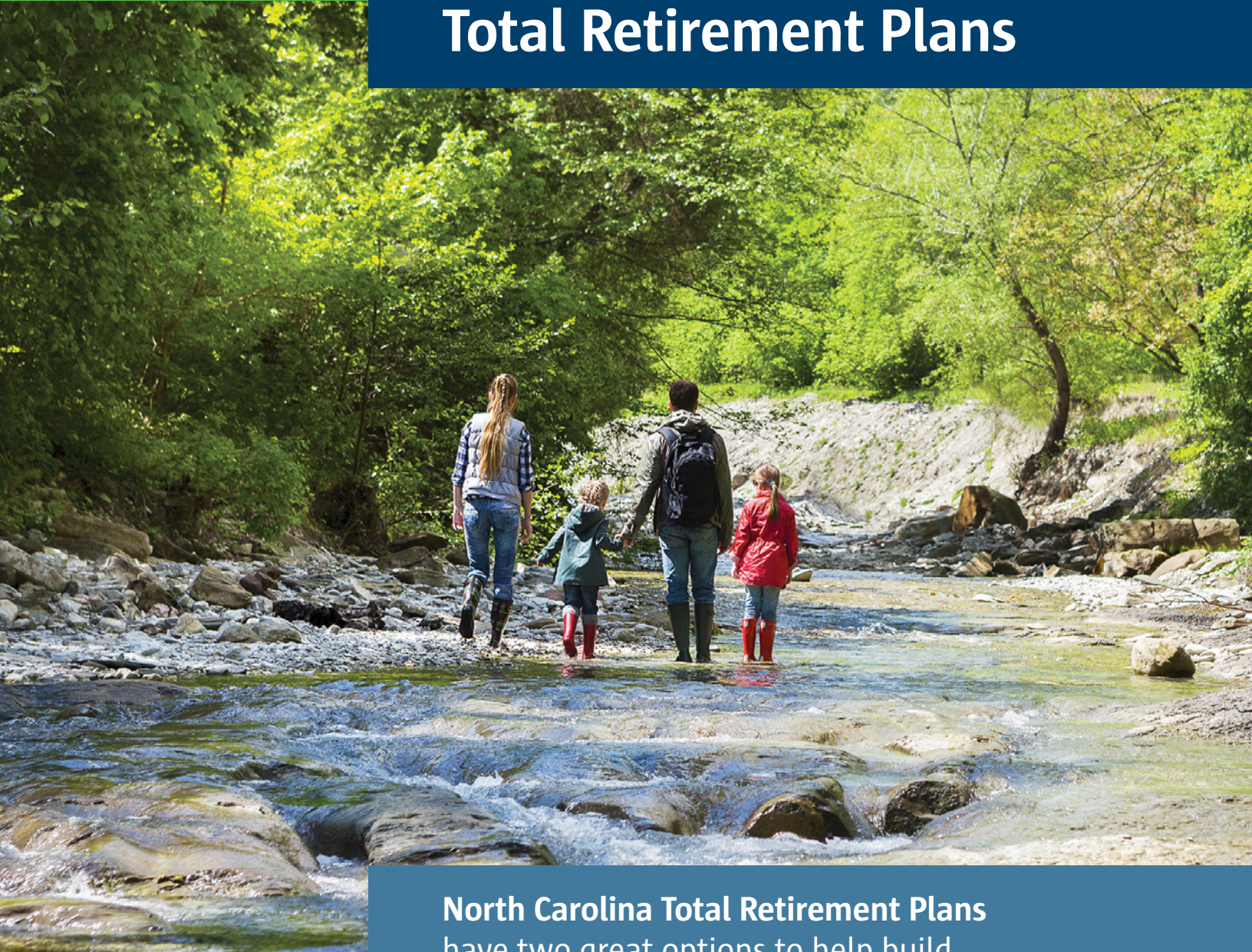


The North Carolina Total Retirement Plans



North Carolina Total Retirement Plans
have two great options to help build
retirement savings.



North Carolina
Total Retirement Plans
401k | 457



Dale R. Folwell, CPA
STATE TREASURER OF NORTH CAROLINA
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Saving for Retirement

Saving for retirement is an important step toward living out a financially secure future.

As a public employee in North Carolina, you are fortunate to have the NC Total Retirement Plans available to you. While they are similar in many ways, there are some unique differences between the two plans, as the chart below illustrates.

Provision	NC 457 Plan		NC 401(k) Plan ¹	
	Traditional Pre-Tax Contributions	Roth After-Tax Contributions	Traditional Pre-Tax Contributions	Roth After-Tax Contributions
Eligibility	<ul style="list-style-type: none"> • Employer offers NC 457 Plan • Full-time, temporary or part-time employees • Elected or appointed officials • Rehired retired employees 		Contributing members to one of the North Carolina public employees Retirement Systems, including: <ul style="list-style-type: none"> • Teachers' and State Employees' Retirement System (TSERS) • Local Governmental Employees' Retirement System (LGERS) • Legislative Retirement System • Consolidated Judicial Retirement System 	
Contributions	<ul style="list-style-type: none"> • Pre-tax contributions and/or Roth after-tax contributions • Made by payroll deduction • No minimum • Maximum is \$22,500 in 2023 (amount is not reduced by rollovers into the plan from other eligible retirement plans) 		<ul style="list-style-type: none"> • Pre-tax contributions and/or Roth after-tax contributions • Made by payroll deduction • No minimum • Maximum is \$22,500 in 2023 (amount is not reduced by rollovers into the plan from other eligible retirement plans) 	
Age 50+ Catch-Up Contributions	If age 50 or older by December 31, 2023, the member may contribute an additional \$7,500 to the plan for a total maximum deferral of \$30,000 in 2023. <i>Cannot be used in conjunction with the three-year catch-up contribution.</i>		If age 50 or older by December 31, 2023, the member may contribute an additional \$7,500 to the plan for a total maximum deferral of \$30,000 in 2023.* *Limit is for total combined contributions.	
Additional Catch-Up Contributions	Available to members who are within three years of the taxable year in which normal retirement age is attained and who did not contribute the maximum allowed in prior years. Maximum contribution is \$45,000 in 2023. <i>Cannot be used in conjunction with the age 50+ catch-up provision.</i>		Not available	
Employer Contributions	Employer contributions, if applicable, reduce the annual maximum employee contribution allowance.		Employer contributions, if applicable, do not reduce the annual maximum employee contribution allowance.	
Saver's Credit	A nonrefundable tax credit is available to eligible taxpayers who make contributions to qualifying retirement plan(s). Depending on the member's adjusted gross income (AGI), the credit ranges from 10% to 50% of the first \$2,000 in eligible contributions. Generally, this credit would be available to joint filers with an AGI of up to \$73,000, head-of-household filers with an AGI of up to \$54,750, and single filers with an AGI of up to \$36,500. (Source: https://www.irs.gov/retirement-plans/plan-participant-employee/retirement-savings-contributions-savers-credit)			
Rollovers Into the Plan	Pre-tax rollovers are accepted from eligible retirement plans, including 401(k), 401(a), 403(b) and governmental 457(b) plans; and many individual retirement accounts (IRAs), including Traditional, Rollover (Conduit), SEP and SIMPLE plans.	Roth after-tax rollovers are accepted from eligible retirement plans such as governmental 457(b), 401(k) and 403(b) plans, but not from Roth IRAs.	Pre-tax rollovers are accepted from eligible retirement plans, including 401(k), 401(a), 403(b) and governmental 457(b) plans; and many individual retirement accounts (IRAs), including Traditional, Rollover (Conduit), SEP and SIMPLE plans.	Roth after-tax rollovers are accepted from eligible retirement plans such as Roth 401(k), Roth 403(b) and Roth 457 plans, but not from Roth IRAs.
Loan Provision²	Loans may be taken for any reason, provided funds are available in the member's account, and are repaid with interest through payroll deduction(s). With general-purpose loans, members may take up to five years to repay with no prepayment penalty. Only one loan may be outstanding at a time.			
Hardship/Unforeseen Emergency Withdrawals	Available in the following circumstances: <ul style="list-style-type: none"> • For medical expenses not covered by insurance for the member, spouse or dependents • To prevent eviction from or foreclosure on a primary residence • To cover funeral/burial expenses for the member's immediate family member • To repair damage to the member's principal residence that qualifies as a casualty deduction 		Available in the following circumstances, as defined by the IRS: <ul style="list-style-type: none"> • For medical expenses not covered by insurance for the member, primary beneficiary, spouse or dependents • To provide a down payment on a primary residence • For college tuition, room, board and some related educational expenses for the member, primary beneficiary, spouse or dependents • To prevent eviction from or foreclosure on a primary residence • To cover funeral/burial expenses for a primary beneficiary or a member's immediate family member • To repair damage to the member's principal residence that qualifies as a casualty deduction • Expenses and losses (including loss of income) incurred on account of a FEMA-declared disaster if you live or work in a FEMA-designated disaster area 	

Joining the NC 457 Plan and/or the NC 401(k) Plan is a wise choice. So start saving for your future today!



Provision	NC 457 Plan		NC 401(k) Plan ¹	
	Traditional Pre-Tax Contributions	Roth After-Tax Contributions	Traditional Pre-Tax Contributions	Roth After-Tax Contributions
Withdrawals & Rollovers While Employed	<ul style="list-style-type: none"> Available upon reaching age 59½ Upon transfer to the NC Retirement System to purchase service credit, if eligible for purchase Allowed if the account balance is less than \$5,000 and no contributions have been made for a period of two years 	<ul style="list-style-type: none"> Available upon reaching age 59½, and to receive favorable tax treatment, the first contribution must be at least five years old Allowed if the account balance is less than \$5,000 and no contributions have been made for a period of two years 	<ul style="list-style-type: none"> Available upon reaching age 59½ Allowed upon transfer to the NC Retirement System to purchase service credit, if eligible for purchase 	<ul style="list-style-type: none"> Available upon reaching age 59½ and to receive favorable tax treatment, the first contribution must be at least five years old
Options Upon Termination or Retirement²	<ul style="list-style-type: none"> Leave funds in the plan(s), subject to federal rules on required minimum distributions Begin making withdrawals (lump sum, partial payments or systematic payout options) Annuitize all or a portion Roll all or a portion of the balance to another qualified retirement plan or IRA At or after retirement, members may transfer all or a portion of pre-tax account balance to NC TSERS or NC LGERS, where it can be paid as a monthly benefit for your lifetime and/or the lifetime of your designated survivor 	<ul style="list-style-type: none"> Leave funds in the plan, subject to federal rules on required minimum distributions Begin making withdrawals (lump sum, partial payments or systematic payout options) Roll all or a portion of the balance to another Roth 401(k), Roth 403(b), Roth IRA or Roth 457 	<ul style="list-style-type: none"> Leave funds in the plan, subject to federal rules on required minimum distributions Begin making withdrawals (lump sum, partial payments or systematic payout options) Roll all or a portion to an annuity Roll all or a portion of the balance to another qualified retirement plan or IRA At or after retirement, members may transfer all or a portion of pre-tax account balance to NC TSERS or NC LGERS, where it can be paid as a monthly benefit for your lifetime and/or the lifetime of your designated survivor 	<ul style="list-style-type: none"> Leave funds in the plan, subject to federal rules on required minimum distributions Begin making withdrawals (lump sum, partial payments or systematic payout options) Roll all or a portion of the balance to another Roth 401(k), Roth 457, Roth 403(b) or Roth IRA
Tax Considerations	<ul style="list-style-type: none"> Withdrawals of pre-tax funds are subject to federal and state income taxes for the year in which the distribution(s) is/are processed Rollovers to other qualified plans or IRAs are not taxable events 	<p>Contributions are NOT taxed when withdrawn</p> <p>Withdrawals of earnings are subject to federal or state income taxes unless:</p> <ul style="list-style-type: none"> The first Roth contribution has been in the account for at least five tax years The member is 59½ or older, disabled or deceased 	<ul style="list-style-type: none"> Withdrawals of pre-tax funds are subject to federal and state income taxes for the year in which the distribution(s) is/are processed Rollovers to other qualified plans or IRAs are not taxable events 	<p>Contributions are NOT taxed when withdrawn</p> <p>Withdrawals of earnings are subject to federal or state income taxes unless:</p> <ul style="list-style-type: none"> The first Roth contribution has been in the account for at least five tax years The member is 59½ or older, disabled or deceased
Additional Tax Penalties on Withdrawals	Regardless of age at withdrawal, generally no additional penalties will apply	Regardless of age at withdrawal, generally no additional penalties will apply	Withdrawals prior to age 59½ may be subject to an additional 10% federal income tax penalty. This penalty can be avoided if the member: <ul style="list-style-type: none"> Separates from service in the calendar year they turn age 55, or later Elects to receive substantially equal payments based on life expectancy Is disabled or deceased Is deemed a qualified public safety employee and separates from service in or after the year they turn age 50 	Withdrawals of earnings prior to age 59½ may be subject to an additional 10% federal income tax penalty. This penalty can be avoided if the member: <ul style="list-style-type: none"> Separates from service in the calendar year they turn age 55, or later Elects to receive substantially equal payments based on life expectancy Is disabled or deceased Is deemed a qualified public safety employee and separates from service in or after the year they turn age 50
Required Minimum Distributions	The federal government dictates that minimum withdrawals must begin by age 70½ (72 for those who reach 70½ after December 31, 2019), provided the member is no longer employed by the sponsoring employer. Failure to receive this annual required minimum distribution (RMD) may result in significant tax penalties.			

**Where can you go for information?
Call 866-NCPlans (866-627-5267) toll-free, or visit myNCPlans.com.**

¹ Withdrawals may be subject to income tax and a 10% early withdrawal penalty if taken before age 59½.

² An outstanding loan balance not paid back at termination is taxable in the year of the default. Under the Tax Cuts and Jobs Act of 2017, for defaults related to termination of employment after 2017, the individual has until the due date of that year's return (including extensions) to roll over this amount to an IRA or qualified employer plan.

³ Please note that if you terminate from service, requests for withdrawals or distributions from your account (not associated with retirement) will not be processed for 60 days.

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Empower Retirement, LLC provides the communications and recordkeeping services for the NC 401(k) and NC 457 Plans. The investments offered to you within the NC 401(k) and NC 457 Plans are not offered by or affiliated with Empower Retirement.

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